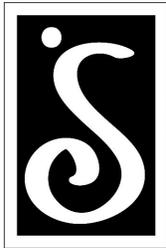


Soroptimist International of Woodland

Volume Six

May 2016

Issue One



SOROPTIMIST

Best for Women

President's Message

Even with these regular changes in the weather, (Will it rain all day? Will it be 78 all day?) we are coming up on the end of another year in Soroptimist International of Woodland. Our very own Vicki Watson will be sworn in as Sierra-Nevada Region Governor on April 30 (you should probably be there for this one), we'll give away several thousands of scholarship dollars in May, and incoming SIW President Krista Savala will host her planning retreat in June. We'll also host our very first *Lunafest*, and what I personally hope will become one of our signature events, *Winefest*, before the close of the fiscal year.

It will also bring to a close my second, thankfully non-sequential, year as President of SI Woodland. Though the challenges have been different this time around, the positives of leading this group of women far outweigh anything else. I am always impressed and proud when I watch us pull together to finish a project, or help someone in need. Please, please continue to be on your best behavior as Krista steps into this role for the first time. Thank you for your laughter, your jokes, responding to emails in a timely manner, and in some cases, your alcohol.



Laura Liddicoet
 President, 2015-2016
 Soroptimist International
 of Woodland

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Club Meetings

September through June

1st and 3rd Wednesday
 of each month: 5:30 p.m. at Uvaggio
 Wine Bar

2nd Wednesday of each month:
 12:00 noon at Mojo's Bar and Grill

4th Wednesday:
 social evening, TBA

Find us online at:

www.SoroptimistofWoodland.org

Live Your Dream: College Bound

Improving Opportunity Through Education



In 2012, College Bound was developed to encourage third grade students to attend college after high school by providing them with information they may not be exposed to in their typical home and school environments.

Students are provided with an informational presentation that is age appropriate addressing why it is important to go to college, aspects of college life, and goal setting while in their elementary classroom setting. SI Woodland volunteers then take students on a tour of the UC Davis campus.

In order to measure the success of the project, students completed questionnaires both before, and after the program. Results of the questionnaires showed a marked increase in the students' agreement that college was important for a successful career.

This year two schools in our district participated in the College Bound project during Fall 2015. Third grade students from Whitehead and Freeman Elementary schools enjoyed a day at UC Davis. We will also present the College Bound presentation to fifth grade students at Whitehead in the spring. These fifth grade students were participants in the program as third graders; we hope to reinforce and encourage these students with a second presentation two years later.



Live Your Dream: Career Day

Live Your Dream Career Day is an interactive presentation by members of SI Woodland for residents of Progress House. Progress House, located in rural Woodland, California, is a residential facility for women who have been incarcerated.

The program focuses on educating women who are disadvantaged and joining or re-joining the workforce. The goal of Career Day is to reduce or eliminate some of these disadvantages and give the women tools to help them secure a job. Members of SI Woodland provide training and tips on job searching, resume writing, interviewing techniques, and appropriate clothing, hair, and makeup for interviews. Progress House residents are also treated to a catered lunch. Residents may also choose from a selection of appropriate interview clothing which has been gathered through the collection efforts of SI Woodland members. This year's Career Day was held in February.



Live Your Dream: Hike—Dream It, Be It

Soroptimist of Woodland celebrated it's 7th Annual Live Your Dream Hike on October 10, 2015. Eight young ladies, ages 13 to 18 years old joined Soroptimist members and guests for a 5 mile hike at Hidden Falls Regional Park in Auburn, Ca.

The day started out with each of the girls creating a "Dream Board". It consisted of pictures cut out of magazines and/or hand drawings that depicted their dreams. Then each girl shared her board with the group.

After enjoying a delicious breakfast the girls loaded the chartered bus for the trip to Hidden Falls. On the drive and after arriving at the destination, there was an opportunity for a couple more activities "Exploring Careers" and "The Game of Life".

After a safety briefing it was time to begin the hike. It was a beautiful day and the girls enjoyed the challenging 6-mile hike and playing in the two waterholes along the trail. Post hike they were provided with lunch and participated in the empowering "Dream It – Be It" program, inspiring young women to believe in themselves and live their dreams.

A great time was had by all who participated in this wonderful event!



Jazz Age Lawn Party—Stroll Through History

Woodland's 27th annual Stroll Through History took place on September 12, 2015. The Stroll through History was formed to enhance the awareness and appreciation of the unique agricultural, architectural, and social history and resources of the City of Woodland.

The stroll is a walking tour of Woodland's historic homes, cemetery and historical buildings. Soroptimist International of Woodland participated this year by

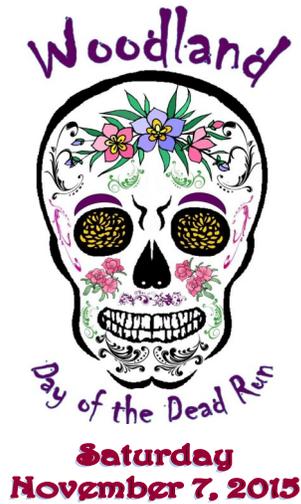


providing lemonade and homemade scones and cookies to stroll attendees. Dressing in period clothing, SIW members also provided an informational table about Soroptimist International of Woodland and our events throughout the year.

We received many visitors and donations from community members in support of our projects.



Day of the Dead Run



On November 7, 2015, Soroptimist International of Woodland hosted the second annual Day of the Dead 5K Fun Run, which started and ended at Jack Slaven Park in Woodland. Fifty-eight individuals participated in the event, which took runners on two loops of the neighborhood surrounding the park. This was an increase in participation over the first year. Overall revenue was down, however, that was due to a reduction in the number of sponsors the race enjoyed this year. Awards were given to the top three male and female finishers.

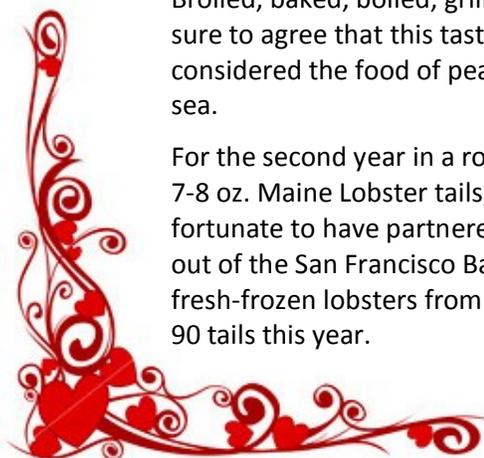
It is the goal of SI Woodland to grow and expand this race into a larger, community based event. Plans for the third annual Day of the Dead 5K Fun Run will begin being made during the Annual Planning Retreat.

Annual Lobster Fundraiser

LOBSTER, LOBSTER, LOBSTER!!!

Broiled, baked, boiled, grilled, or pan seared.... any way you cook it you're sure to agree that this tasty crustacean makes for a delicious meal. Once considered the food of peasants, lobster has become the delicacy of the sea.

For the second year in a row SI Woodland raised funds by taking orders for 7-8 oz. Maine Lobster tails, delivered just in time for Valentine's Day. We're fortunate to have partnered with The New England Lobster Company, based out of the San Francisco Bay Area. Since 2011 they've been shipping their fresh-frozen lobsters from the East Coast on a daily basis. SI Woodland sold 90 tails this year.





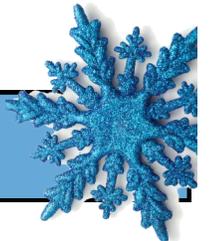
Holiday Party

HO HO HO....Merry Christmas Soropti-style

Back in December, Soroptimist International of Woodland members gathered for our annual holiday party. Our holiday party has become the Soroptimist social event not to miss. Our members come together at a home of one of our members to celebrate the holidays and the friendships we have built. It's a chance to visit, laugh and get to know one another better. We do a pretty good job of leaving Soroptimist planning at the door for just this one evening.

Traditionally, we all contribute to a fabulous spread of delicious dishes and libations. This year was no exception. The evening would not be the same without our annual Christmas ornament exchange game. We call it the Ornament Exchange game, but what it should be called is the "Ornament Stealing" game. We had a great time filled with laughter as we opened the ornament gifts and "exchanged" them over and over again.

As Dr. Seuss said, "Christmas doesn't come from a store, maybe Christmas perhaps means a little bit more....". So although our ornaments may have been bought from a store, the true gift is spending time with friends.



Foster Youth Holiday Project



When SI Woodland was asked to help local foster youth, our members launched a campaign on Facebook. The community response was overwhelming!

Community members fulfilled the wish lists of the 11 foster youth students. Lists were being filled as quick as they were posted. We would like to thank our community members for assisting our local foster youth to have a wonderful holiday season.

Upcoming Events

LUNAFEST®
short films by, for, about Women™

Lunafest presented by Soroptimist International of Woodland

LUNAFEST®, the fundraising film festival dedicated to promoting awareness about women's issues and highlighting women filmmakers will be hosted by Soroptimist International of Woodland at the Woodland High School Theater on Sunday, May 15. This unique film festival highlights women as leaders in society, illustrated through short films by women filmmakers. The films range from animation to fictional drama, and cover topics such as women's health, motherhood, body image, aging, cultural diversity and breaking barriers.

LUNAFEST was created with two goals in mind: to support and nurture the inspiring and often unsung work of talented women filmmakers, and to raise funds and awareness for causes that help, empower and give a voice to women from all walks of life. For this upcoming MAY 15 LUNAFEST event, 100% of the net proceeds will be donated to the Breast Cancer Fund (15%) and to Soroptimist International of Woodland community service projects (85%).

WHEN: Sunday, May 15
Light refreshments served at 1:30 pm
Showing of LUNAFEST Films at 2:00 pm
Runtime approximately 90 minutes

WHERE: Woodland High School Theater
21 N. West Street
Woodland, CA 95695

TICKETS: \$10 Students; \$15 General Admission
Available to purchase online at <http://www.lunafest.org/woodland>

Woodland WineFest

Presenting Sponsor Uvaggio Wine Bar

Hosted by Soroptimist International of Woodland

Enjoy wine tasting at Heritage Plaza

in Historic Downtown Woodland

Saturday, June 25th from 4-7 pm

Unlimited tasting. Some featured wineries include: Berryessa Gap Vineyards, Galvan Family Cellars, Putah Creek Winery, Seka Hills, and Senders Wines. Food samples of cheese, honey, olive oils.

\$35 in advance; \$40 day of event. Limit of 200 tickets.

Online ticket purchase at

<http://www.brownpapertickets.com/event/2522717>

Proceeds benefit SI Woodland Programs



2015-2016 Officers

President.....	Laura Liddicoet
President-Elect.....	Krista Savala
Secretary.....	Monique Brammeier
Treasurer.....	Lisa Bruni

Thank you to all the members who contributed to this newsletter.

For additional information

Soroptimist International of Woodland

Website.....www.SoroptimistofWoodland.org

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Mail.....P.O. Box 1231, Woodland, CA 95776

Soroptimist websites

Sierra Nevada Region (SNR).....<http://www.soroptimistsnr.org/>

Soroptimist International of the Americas (SIA) ..<http://www.soroptimist.org/>

Soroptimist International<http://www.soroptimistinternational.org/>

SIA's "Live Your Dream!" Campaign.....<http://www.LiveYourDream.org>



SOROPTIMIST
Best for Women



The mission of Soroptimist International is to improve the lives of women and girls in our community and around the world, through education, empowerment and advocacy.